## MÅNDAG

VEG WOK OF THE WEEK 90KR: Wokad tofu med ostronsås, salladslök, morot, broccoli, salladskål och äggnudlar

*VEG WOK OF THE WEEK 90 kr: Stir-fried tofu with oyster sauce, green onion, carrot, broccoli, salad bowl and egg noodles*

Kalorier / *Calories*: 115 kcal

VEG PASTA OF THE WEEK 90KR: Pasta med zucchinipesto, rostade kikärtor toppad med riven ost och rucola

*VEG PASTA OF THE WEEK 90 kr: Pasta with zucchini pesto, roasted chickpeas topped with grated cheese and arugula*

Kalorier / *Calories*: 510 kcal

DISH OF THE DAY 105KR: "Coq au vin", kycklinggryta med rökt sidfläsk, morot, svamp och potatispuré

*DISH OF THE DAY 105 KR: Coq au vin, smoked pork belly, carrot, mushroom and mashed potatoes*

Kalorier / *Calories*: 261 kcal

PASTA OF THE DAY 100KR: Pasta med parmesansås, svart peppar, rökt skinka, riven ost och rucola

*PASTA OF THE DAY 100 kr: Pasta with parmesan sauce, black pepper, smoked ham, grated cheese and arugula*

Kalorier / *Calories*: 550 kcal

WOK OF THE WEEK 95KR: Wokad biff med vitlök, broccoli, gul lök, svamp, ostronsås och färsk koriander serverad med äggnudlar

*WOK OF THE WEEK 95 KR: Stir-fried steak with garlic, broccoli, yellow onion, mushrooms, oyster sauce and fresh coriander served with egg noodles*

Kalorier / *Calories*: 584 kcal

BOWL OF THE DAY 105KR: Falafel sallad med yoghurt dressing, gurka, tomater, röd lök, zumak och oliver

*BOWL OF THE DAY 105KR: Falafel salad with yogurt dressing, cucumber, tomatoes, red onion, zumak and olives*

Kalorier / *Calories*: 201 kcal

## TISDAG

VEG WOK OF THE WEEK 90KR: Wokad tofu med ostronsås, salladslök, morot, broccoli, salladskål och äggnudlar

*VEG WOK OF THE WEEK 90 kr: Stir-fried tofu with oyster sauce, green onion, carrot, broccoli, salad bowl and egg noodles*

Kalorier / *Calories*: 115 kcal

VEG PASTA OF THE WEEK 90KR: Pasta med zucchinipesto, rostade kikärtor toppad med riven ost och rucola

*VEG PASTA OF THE WEEK 90 kr: Pasta with zucchini pesto, roasted chickpeas topped with grated cheese and arugula*

Kalorier / *Calories*: 510 kcal

DISH OF THE DAY 105KR: Stekt rimmad fläsk med raggmunk och rårörda lingon

*DISH OF THE DAY 105 KR: Fried rimmed pork with rye donut and raw stir-fried lingonberries*

Kalorier / *Calories*: 522 kcal

PASTA OF THE DAY 100KR: Pasta med tomatsås, lufttorkad skinka, soltorkade tomater, rucola och parmesanost

*PASTA OF THE DAY 100 kr: Pasta with tomato sauce, air-dried ham, sun-dried tomatoes, rocket and Parmesan cheese*

Kalorier / *Calories*: 420 kcal

WOK OF THE WEEK 95KR: Wokad kyckling, röd curry, kokosmjölk, limeblad, salladskål, morot, gul lök och citrongräs serverad med äggnudlar

*WOK OF THE WEEK 95 SEK: Stir-fried chicken, red curry, coconut milk, lime leaves, salad bowl, carrot, yellow onion and lemongrass served with rice*

Kalorier / *Calories*: 553 kcal

BOWL OF THE DAY 105KR: Falafel sallad med yoghurt dressing, gurka, tomater, röd lök, zumak och oliver

*BOWL OF THE DAY 105KR: Falafel salad with yogurt dressing, cucumber, tomatoes, red onion, zumak and olives*

Kalorier / *Calories*: 201 kcal

## ONSDAG

## STÄNGT

## TORSDAG

VEG WOK OF THE WEEK 90KR: Wokad tofu med röd curry, kokosmjölk, broccoli, salladslök, salladskål och ris

*VEG WOK OF THE WEEK 90 kr: Stir-fried tofu with red curry, coconut milk, broccoli, green onion, salad bowl and rice*

Kalorier / *Calories*: 171 kcal

VEG PASTA OF THE WEEK 90KR: Pasta med tomatsås, chili, cocktailmozzarella, körsbärstomater, ruccola och riven parmesan

*VEG PASTA OF THE WEEK 90 SEK: Pasta with tomato sauce, chili, cocktail mozzarella, cherry tomatoes, arugula and grated parmesan*

Kalorier / *Calories*: 461 kcal

DISH OF THE DAY 105KR: Fisk & skaldjursgryta med aioli, potatis, morot, fänkål och krutonger

*DISH OF THE DAY 105KR: Fish & seafood stew with aioli, potato, carrot, fennel and croutons*

Kalorier / *Calories*: 135 kcal

WOK OF THE WEEK 95KR: Strimlad fläskkött i grön curry, kokosmjölk, chilipeppar, paprika, sockerärtor, broccoli, limeblad och strimlad bambuskott serverad med äggnudlar

*WOK OF THE WEEK 95 KR: Shredded pork in green curry, coconut milk, chili pepper, paprika, sugar snap peas, broccoli, lime leaves and shredded bamboo shoot served with rice*

Kalorier / *Calories*: 234 kcal

BOWL OF THE DAY 105KR: Falafel sallad med yoghurt dressing, gurka, tomater, röd lök, zumak och oliver

*BOWL OF THE DAY 105KR: Falafel salad with yogurt dressing, cucumber, tomatoes, red onion, zumak and olives*

Kalorier / *Calories*: 201 kcal

DAGENS ELEVLUNCH:

*TODAY'S STUDENT LUNCH:*

Kalorier / *Calories*: 44 kcal

## FREDAG

VEG WOK OF THE WEEK 90KR: Wokad tofu med röd curry, kokosmjölk, broccoli, salladslök, salladskål och ris

*VEG WOK OF THE WEEK 90 kr: Stir-fried tofu with red curry, coconut milk, broccoli, green onion, salad bowl and rice*

Kalorier / *Calories*: 171 kcal

VEG PASTA OF THE WEEK 90KR: Pasta med tomatsås, chili, cocktailmozzarella, körsbärstomater, ruccola och riven parmesan

*VEG PASTA OF THE WEEK 90 SEK: Pasta with tomato sauce, chili, cocktail mozzarella, cherry tomatoes, arugula and grated parmesan*

Kalorier / *Calories*: 461 kcal

DISH OF THE DAY 105KR: BBQ- fläskkarré med coleslaw och klyftpotatis

*DISH OF THE DAY 105 KR: BBQ pork loin with coleslaw and wedged potatoes*

Kalorier / *Calories*: 391 kcal

PASTA OF THE DAY 100KR: Pasta med krämig pestosås, kyckling, vitlök, chili och riven ost

*PASTA OF THE DAY 100 kr: Pasta with creamy pesto sauce, chicken, garlic, chili and grated cheese*

Kalorier / *Calories*: 578 kcal

WOK OF THE WEEK 95KR: Wokad kyckling, röd curry, kokosmjölk, limeblad, salladskål, morot, gul lök och citrongräs serverad med ris

*WOK OF THE WEEK 95 SEK: Stir-fried chicken, red curry, coconut milk, lime leaves, salad bowl, carrot, yellow onion and lemongrass served with rice*

Kalorier / *Calories*: 553 kcal

BOWL OF THE DAY 105KR: Falafel sallad med yoghurt dressing, gurka, tomater, röd lök, zumak och oliver

*BOWL OF THE DAY 105KR: Falafel salad with yogurt dressing, cucumber, tomatoes, red onion, zumak and olives*

Kalorier / *Calories*: 201 kcal

DAGENS ELEVLUNCH: Chili con carne, gräddfil, jalapeño och ris

*TODAY'S STUDENT LUNCH: Chili con carne, sour cream, jalapeño and rice*

Kalorier / *Calories*: 545 kcal