

## MÅNDAG

BRA VEGETARISK 90 KR: Potatisgnocchi | citron | salvia | spenat | svamp | blomkål | rostad mandel | TZATZIKI

*GOOD VEGETARIAN 90 kr: Potato gnocchi | lemon herb sauce | broccoli | Cauliflower | roasted almonds*

Kalorier / Calories: 172 kcal

DAGENS 95 KR: Nötfärsragu | paprika | ratatouille | rostad potatis | TOMAT

*95 SEK OF THE DAY: Ground beef ragu | paprika | eggplant | roasted potatoes | primers*

Kalorier / Calories: 196 kcal

HOT MEXICAN PINSA 99 KR: Flatbread pizza | kryddig nötfärs | majs | jalapenos | cheddarcreme

*Hot Mexican Pinsa SEK 99: Flatbread pizza | spicy ground beef | corn | jalapenos | cheddar cream*

Kalorier / Calories: 659 kcal

EMMAS BURGER 125KR: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche

*EMMAS Burger 120kr: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche*

Kalorier / Calories: 580 kcal

EMMAS KEBAB 125: KR KEBABTALLRIK | NÖTKÖTT | PICKLAD KÅL | SALLAD | KEBABSÅS | POMMES

*KEBAB PLATE | BEEF | GARLIC-JALAPENO SAUCE | FRIES*

Kalorier / Calories: 487 kcal

## TISDAG

BRA VEGETARISK 90 KR: VÅRRULLAR | RIS | CHILIDRESSING

*GOOD VEGETARIAN 90 kr: Potato gnocchi | lemon herb sauce | broccoli | Cauliflower | roasted almonds*

Kalorier / Calories: 172 kcal

DAGENS 95 KR: Chicken Cashew | Wokgrönsaker | Cashewnötter | chili | lime | ris

*Today's SEK 95: Chicken Cashew | Stir-Fried Vegetables | Cashews | chili | lime | rice*

Kalorier / Calories: 424 kcal

HOT MEXICAN PINSA 99 KR: Flatbread pizza | kryddig nötfärs | majs | jalapenos | cheddarcreme

*Hot Mexican Pinsa SEK 99: Flatbread pizza | spicy ground beef | corn | jalapenos | cheddar cream*

Kalorier / Calories: 659 kcal

EMMAS BURGER 125KR: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche

*EMMAS Burger 120kr: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche*

Kalorier / Calories: 580 kcal

EMMAS KEBAB 125: KR KEBABTALLRIK | NÖTKÖTT | SALLAD | KEBABSÅS | RIS

*KEBAB PLATE | BEEF | GARLIC-JALAPENO SAUCE | FRIES*

Kalorier / Calories: 487 kcal

## ONSDAG

BRA VEGETARISK 90 KR: Morot-zucchinibiff | VITLÖKSROSTADE ROTSAKER | BEARNAISE

*GOOD VEGETARIAN 90 kr: Carrot-zucchini steak | bulgur salad | mint yogurt*

Kalorier / Calories: 304 kcal

DAGENS BUFFE 95KR: Pasta | Gräddig köttfärssås |

*Today's buffet SEK 95: Pasta Bolognese | ground beef*

Kalorier / Calories: 712 kcal

HOT MEXICAN PINSA 99 KR: Flatbread pizza | kryddig nötfärs | majs | jalapenos | cheddarcreme  
*Hot Mexican Pinsa SEK 99: Flatbread pizza | spicy ground beef | corn | jalapenos | cheddar cream*

Kalorier / Calories: 659 kcal

EMMAS BURGER 125KR: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche  
*EMMAS Burger 120kr: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche*

Kalorier / Calories: 580 kcal

EMMAS KEBAB 125: KR KEBABTALLRIK | NÖTKÖTT | SALLAD | KEBABSÅS | POMMES  
*KEBAB PLATE | BEEF | GARLIC-JALAPENO SAUCE | FRIES*

Kalorier / Calories: 487 kcal

## TORSDAG

BRA VEGETARISK 90 KR: Nasi goreng | stekt ris | sojabites | soja | grönsaker  
*GOOD VEGETARIAN 90 KR: Nasi goreng | fried rice | soy bites | soy | vegetables*

Kalorier / Calories: 600 kcal

DAGENS 95 KR: Nasi goreng | stekt ris | kyckling | soja | grönsaker  
*TODAY'S 95 SEK: Nasi goreng | fried rice | chicken | soy | vegetables*

Kalorier / Calories: 466 kcal

HOT MEXICAN PINSA 99 KR: Flatbread pizza | kryddig nötfärs | majs | jalapenos | cheddarcreme  
*Hot Mexican Pinsa SEK 99: Flatbread pizza | spicy ground beef | corn | jalapenos | cheddar cream*

Kalorier / Calories: 659 kcal

EMMAS KEBAB 125: KR KEBABTALLRIK | NÖTKÖTT | KEBABSÅS | POMMES  
*KEBAB PLATE | BEEF | GARLIC-JALAPENO SAUCE | FRIES*

Kalorier / Calories: 487 kcal

EMMAS BURGER 125KR: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche  
*EMMAS Burger 120kr: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche*

Kalorier / Calories: 580 kcal

## FREDAG

BRA VEGETARISK 90 KR: ÄRTPASTA | ÄRTCREME | HALLOUMI | SOLROSKÄRNOR  
*GOOD VEGETARIAN 90 SEK: PEA PASTA | PEA CREAM | HALLOUMI | SUNFLOWER KERNELS*

Kalorier / Calories: 528 kcal

DAGENS BUFFE 95KR: Kyckling curry |ris  
*Today's buffet SEK 95: Chicken curry | rice*

Kalorier / Calories: 616 kcal

KEBAB PINSA 99 KR: Flatbread pizza | KEBAB | KEBABSÅS  
*Hot Mexican Pinsa SEK 99: Flatbread pizza | spicy ground beef | corn | jalapenos | cheddar cream*

Kalorier / Calories: 659 kcal

EMMAS BURGER 125KR: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche  
*EMMAS Burger 120kr: Classic cheese | mayo | white onion | cheddar | dillpickle | brioche*

Kalorier / Calories: 580 kcal

EMMAS KEBAB 125: KR KEBABTALLRIK | NÖTKÖTT | PICKLAD KÅL | SALLAD | KEBABSÅS | POMMES  
*KEBAB PLATE | BEEF | GARLIC-JALAPENO SAUCE | FRIES*

Kalorien / *Calories*: 487 kcal