

VECKA 3

MÅNDAG

DAGENS VEGETARISKA 90KR: Oumph shawarma | tunnbröd | picklade grönsaker | tomat | sesamyoghurt | aioli | rödlök | mynta

VEGETARIAN OF THE DAY 90 SEK: Oumph shawarma | flatbread | pickled vegetables | tomato | sesame yogurt | aioli | red onion mint

Kalorier / Calories: 402 kcal

DAGENS LUNCH 95KR: Chicken shawarma | tunnbröd | picklade grönsaker | tomat | aioli | sesam yoghurt | örter

LUNCH OF THE DAY 95 SEK: Chicken shawarma | flatbread | pickled vegetables | tomato | aioli | sesame yogurt | herbs

Kalorier / Calories: 335 kcal

BOWL OF THE WEEK 115KR: Backyards cesarsallad | grillad kyckling | roman sallad | svart ris | cocktail tomat | picklad rödlök | grana padano | krutonger

BOWL OF THE WEEK 115 kr: Backyard's caesar salad | grilled chicken | romaine lettuce | black rice | cocktail tomato | pickled red onion | grana padano | croutons

Kalorier / Calories: 443 kcal

STREET OF THE WEEK 120KR: Kebab talrik på nötkött serveras med pommes/ris och klassiska tillbehör samt vitlöks sås

Street of the week 110KR: Kebab plate on chicken thigh served with fries and classic side dishes and garlic sauce

Kalorier / Calories: 649 kcal

VECKANS GRILL 120KR: Högrevs burgare | Brioche | cheddarost | majonnäs | frisésallad | tomat | lök | pommes

GRILL OF THE WEEK 120 SEK: Hörev's burger | Brioche | cheddar cheese | mayonnaise | frisee salad | tomato | onion | french fries

Kalorier / Calories: 932 kcal

TISDAG

DAGENS VEGETARISKA 90KR: Grillad tofu | asiatisk nudelsallad | citrus yoghurt | vattenkrasse | örter

VEGETARIAN OF THE DAY 90 SEK: Grilled tofu | Asian Noodle Salad | citrus yogurt | watercress | herbs

Kalorier / Calories: 313 kcal

DAGENS LUNCH 95KR: Nötfärs spett | asiatisk nudelwok | citrus yoghurt | vattenkrasse | mynta

LUNCH OF THE DAY 95 SEK: Minced beef skewer | Asian Noodle Wok | citrus yogurt | watercress | mint

Kalorier / Calories: 707 kcal

BOWL OF THE WEEK 115KR: Backyards cesarsallad | grillad kyckling | roman sallad | svart ris | cocktail tomat | picklad rödlök | grana padano | krutonger

BOWL OF THE WEEK 115 kr: Backyard's caesar salad | grilled chicken | romaine lettuce | black rice | cocktail tomato | pickled red onion | grana padano | croutons

Kalorier / Calories: 443 kcal

STREET OF THE WEEK 120KR: Kebab talrik på nötkött serveras med pommes/ris och klassiska tillbehör samt vitlöks sås

Street of the week 110KR: Kebab plate on chicken thigh served with fries and classic side dishes and garlic sauce

Kalorier / Calories: 806 kcal

VECKANS GRILL 120KR: Högrevs burgare | Brioche | cheddarost | majonnäs | frisésallad | tomat | lök | pommes

GRILL OF THE WEEK 120 SEK: Hörev's burger | Brioche | cheddar cheese | mayonnaise | frisee salad | tomato | onion | french fries

Kalorier / *Calories*: 932 kcal

ONSDAG

DAGEN VEGETARISKA 90KR: Tofu | kokosmjölk | curry | limeblad | gröna grönsaker | ris | rödbetskott

VEGETARIAN OF THE DAY 90 SEK: Tofu | coconut milk | curry | lime leaves | green vegetables | rice | beetroot shoots

Kalorier / *Calories*: 613 kcal

DAGENS LUNCH 95KR: rödcurry | kyckling | ingefära | vitlök | limeblad | ris | grönsaker

LUNCH OF THE DAY 95 SEK: Green curry | chicken | ginger | garlic | lime leaves | rice | vegetables

Kalorier / *Calories*: 635 kcal

BOWL OF THE WEEK 115KR: Backyards cesarsallad | grillad kyckling | roman sallad | svart ris | cocktail tomat | picklad rödlök | grana padano | krutonger

BOWL OF THE WEEK 115 kr: Backyard's caesar salad | grilled chicken | romaine lettuce | black rice | cocktail tomato | pickled red onion | grana padano | croutons

Kalorier / *Calories*: 443 kcal

STREET OF THE WEEK 120KR: Kebab talrik på nötkött serveras med pommes/ris och klassiska tillbehör samt vitlöks sås

Street of the week 110KR: Kebab plate on chicken thigh served with fries and classic side dishes and garlic sauce

Kalorier / *Calories*: 806 kcal

VECKANS GRILL 120KR: Högrevs burgare | Brioche | cheddarost | majonnäs | frisésallad | tomat | lök | pommes

GRILL OF THE WEEK 120 SEK: Hörev's burger | Brioche | cheddar cheese | mayonnaise | frisee salad | tomato | onion | french fries

Kalorier / *Calories*: 932 kcal

TORSDAG

DAGENA VEGETARISKA 90KR: Bakad Quorn filé | grillad tomat | paprika | tzatziki | örter

VEGETARIAN OF THE DAY 90 SEK: Baked Quorn fillet | grilled tomato | paprika | tzatziki | herbs

Kalorier / *Calories*: 178 kcal

DAGENS LUNCH 95KR: Turkisk Adana spett | nötfärs | grillad tomat | tzatziki | pita | mynta

LUNCH OF THE DAY 95 KR: Turkish Adana skewer | ground beef/lamb | grilled tomato | tzatziki | pita | mint

Kalorier / *Calories*: 407 kcal

BOWL OF THE WEEK 115KR: Backyards cesarsallad | grillad kyckling | roman sallad | svart ris | cocktail tomat | picklad rödlök | grana padano | krutonger

BOWL OF THE WEEK 115 kr: Backyard's caesar salad | grilled chicken | romaine lettuce | black rice | cocktail tomato | pickled red onion | grana padano | croutons

Kalorier / *Calories*: 443 kcal

STREET OF THE WEEK 120KR: Kebab talrik på nötkött serveras med pommes/ris och klassiska tillbehör samt vitlöks sås

Street of the week 110KR: Kebab plate on chicken thigh served with fries and classic side dishes and garlic sauce

Kalorier / *Calories*: 649 kcal

VECKANS GRILL 120KR: Högrevs burgare | Brioche | cheddarost | majonnäs | frisésallad | tomat | lök | pommes

GRILL OF THE WEEK 120 SEK: Hörev's burger | Brioche | cheddar cheese | mayonnaise | frisee salad | tomato | onion | french fries

Kalorier / *Calories*: 932 kcal

FREDAG

CARNITA FREDAG 115KR:

IDAG DUKAR VI UPP EN SCHYSST MEXICOINSPIRERAD BUFFE MED MASSA
GODSAKER. VARMT VÄLKOMNA

LÅNGBAKAD HÖGREV | PICO DE GALLO | MIXSALLAD | MAJS | GUACCAMOLI
| PICKLAD RÖDLÖK | LIMEYOGHURT | MINI TORTILLAS | LIME | KORIANDER

DAGENS LUNCH 95KR: Spagetti Bolognese (nötkött) serveras med italiensk HÅRD OST OCH RUCCOLA

Today's Lunch 95 KR: Spaghetti Bolognese (beef) served with Italian hard cheese

Kalorier / Calories: 516 kcal

DAGENS VEGETARISKA 90KR: Bolognese på sojafärs, vitt vin, soffritto & tomatpuré

VEGETARIAN OF THE DAY SEK 90: Bolognese on soy mince, white wine, soffritto & tomato puree

Kalorier / Calories: 715 kcal